

PRICE LIST



STARTER

4 SESSIONS

PRIVATE
1 HOUR

\$420

\$105/per session

2 HOURS

\$780

\$195/per session

GROUP
1 HOUR

\$540

\$135/per session

2 HOURS

\$800

\$200/per session

POPULAR MOST POPULAR

8 SESSIONS

PRIVATE
1 HOUR

\$800

\$100/per session

2 HOURS

\$1520

\$190/per session

GROUP
1 HOUR

\$1040

\$130/per session

2 HOURS

\$1560

\$195/per session

COMMITTED

12 SESSIONS

PRIVATE
1 HOUR

\$1180

\$98/per session

2 HOURS

\$2220

\$185/per session

GROUP
1 HOUR

\$1500

\$125/per session

2 HOURS

\$2280

\$190/per session

CASUAL SESSION

INDIVIDUAL TRAINING

PRIVATE 1-ON-1 TRAINING

1 HOUR
2 HOURS

\$110
\$200

GROUP TRAINING

FOR PRIVATE GROUPS OF 2 - 4 PEOPLE

\$140
\$200

OTHER AVAILABLE PROGRAMMES

ELITES

CHARGED BY PER PACKAGE | 2HOURS PER SESSION

CASUAL : \$65 PER SESSION

PACKAGE
OPTIONS

STARTER

4 SESSIONS

POPULAR

8 SESSIONS

COMMITTED

12 SESSIONS

COST

\$240

\$60/per session

\$460

\$58/per session

\$660

\$55/per session

ACES

CHARGED BY PER TERM | 10 WEEKS | 2HOURS PER SESSION CASUAL : \$65 PER SESSION

TRAINING
FREQUENCY
(PER WEEK)

1x

2x

3x

4x

COST

\$500

\$50/per session

\$900

\$45/per session

\$1200

\$40/per session

\$1500

\$37.5/per session